Love Lifted Me Recovery Ministries

Romans 7:19-25

19. "For the **good that I WILL (WISH) to do, I do NOT do**; but the **EVIL I will NOT to do**, that [*is what*] I practice."

James 4:16-17 "But now you _____ in your _____. All such boasting (bragging) is _____. Therefore, to him who _____ to do _____ and does _____ do it, to him it is _____."

Definition: "The GOOD that I WILL to do, I do NOT DO" - This means that we are capable of making all kinds of New Year's Resolutions, pledges and vows to do this or that, but that we are unable to keep those promises. We are unable to DO the GOOD we resolve of promise to do!! Also, how many times have we gone ahead and DONE the EVIL that we have **PROMISED NOT TO DO ever again**? We just DO NOT have the **WILLPOWER** we need to always do the right thing. This verse is the death sentence for those who insist on believing in the "goodness of man" or the idea that man (human beings) can somehow **do enough GOOD to balance out the BAD** in their lives, and thus EARN their way to heaven.

20. "Now if I do what I will NOT to do, it is no longer I who do it, but SIN that dwells in me."

- I John 5:18 "We know that whoever Is ______ of God does not sin (constant, habitual sin); but he who has been born of God ______ (GUARDS) himself, and the ______ one does not ______ him."
- I John 3:9 "Whoever has been _____ of God does not _____ , for His (God's) _____ remains in him (the believer); and he cannot _____ , because he has been _____ of God."
- I Peter 1:23 "Having been _____ again, not of corruptible _____ but incorruptible, through the _____ of _____ which lives and abides forever."

Definition: "Whoever has been BORN OF GOD cannot SIN" - The "NEW YOU," born again and created in the IMAGE OF GOD cannot sin. It is your **SPIRIT** that is born of God, but your **MIND** still needs to be RENEWED and your **BODY** needs to be brought into SUBMISSION to God and under the control of the NEW YOU. Yes, we still fall into sinful behaviors after we are born again, but it is because **we are ALLOWING** our UNRENEWED MIND and BODY to be in CONTROL, rather than our BORN-AGAIN SPIRIT, the NEW CREATION in Christ Jesus.

- I Corinthians 9:27 "But I _____ my ____ and bring it into _____, lest, when I have preached to others, I myself should become disqualified."
- Romans 12:2 "And do not be conformed to this world, but be _____ by the _____ of your _____, that you may prove what is that _____ and _____ and _____ will of God."

Definition: "SIN THAT DWELLS IN ME" - The OLD PATTERNS of SINFUL BEHAVIOR that still reside in our UNRENEWED MIND and BODY; the old sin nature, also called "the FLESH" or the "old man."

21. I find then a law, that EVIL is present with me, the one who wills (wishes) to do good."

Matthew 7:11 "If you then, being ______, know how to give ______ gifts to your children, how much more will your ______ who is in heaven give ______ things to those who ask Him?"

Definition: "EVIL is PRESENT with me" - This carries the idea that ALL OF OUR BEST THOUGHTS, WORDS and DEEDS are TAINTED or CORRUPTED with EVIL. No HUMAN EFFORT that we do is pure enough to EARN God's favor, because there is always SOME element of pride or selfishness in our MOTIVES.

- Jeremiah 17:9 "The _____ is ____ above all things, and desperately _____; who can know it?
- James 4:8 "Draw near to God, and He will draw near to you. Cleanse your hands, you sinners, and ______ your _____ , you double-minded."
- James 2:4 "Have you not shown partiality among yourselves, and become judges with _____ thoughts (MOTIVES)?"
- **Proverbs 16:2** "All the ways of man are _____ in HIS OWN _____, but the Lord weighs (judges) the spirits (motives)."
- Proverbs 14:12 There is a way the _____ to a man, but its end (final results) is the way of _____."
- Psalm 139:23-24 " _____ me, O God, and know my _____; try me (TEST ME), and know my ______, and see if there is any _____ way in me, and lead me in the way everlasting."
- 22. "For I DELIGHT in the law of God according to the INWARD MAN."
 - Psalm 1:1-2 "Blessed is the man who ______ in the counsel of (taking advice from) the ______, nor stands in the path of ("hangs out" with) ______, nor sits in the seat of (has fellowship with) the SCORNFUL (those who ridicule and reject God); but his ______ is in the ______ of the Lord, and in His ______ he meditates ______ and ____."

Definition: "INWARD MAN" - Also called **the INNER MAN or the NEW NATURE**, is our **human spirit**, and it is our **SPIRIT** that is "born again" when we receive Jesus as our Savior.

- **II Corinthians 4:16** "Therefore we do not lose heart. Even though our _____ man is perishing, yet the _____ man is being renewed (strengthened) day by day."
- **I Peter 3:4** "But let it be the _____ person of the _____, with the incorruptible ornament, of a gentle and quiet _____, which is very precious in the sight of God."
- I Corinthians 2:11 "For what man knows the things (thoughts) of a man except the ______ of the man, which is ______ him?"
- Psalm 51:1-2, 10 "Have mercy on me, O God, according to Your loving kindness according to the multitude of Your tender mercies blot out my transgressions (sins);
 ______ thoroughly from my iniquity, and ______ me from my ______. _ in me a clean ______, O God, and renew a steadfast ______ within me."

23. "But I see another **law in my members, WARRING AGAINST** the **law of my mind**, and bringing me **into captivity to the law of sin** which is in my members."

II Corinthians 10:3-5 "For though we walk in the _____ we do not _____ according to the flesh. For the weapons of our warfare are not _____ but mighty in _____ for pulling down strongholds, casting down the _____ and every high thing (THOUGHT, idea) that exalts itself against the _____ of God, bringing every _____ into _____ to the _____ of Christ."

Definition: "IN MY MEMBERS" - Members refers to the parts of the body, the PHYSICAL BODY which is **subject to the five physical SENSES**; the SENSUAL part of our being.

24. "O wretched man that I am! Who will deliver me from this body of death?"

Definition: "This BODY of DEATH" - The Romans had a way of punishing murderers: If your killed someone, and were caught, your punishment was to have the DEAD BODY of the victim strapped or tied to you, and you had to carry it around while it was rotting and stinking. Paul uses this as an illustration of what it is like to have the OLD SIN NATURE still hanging around in our lives, when the NEW NATURE, the NEW MAN IN CHRIST, want to be PURE and serve the Lord!

Definition: "O wretched man that I am!" - Paul has reached the end of his rope! He is completely exhausted from struggling with his sinful nature, at the end of himself, and ready to just CRY OUT TO GOD for help. This is WHERE WE NEED TO BE, also. We CANNOT live the Christian life in our own power and strength. We MUST CRY OUT TO GOD and completely SURRENDER to Him, in order for Him to give us the POWER to live for Him.

25. "I thank God - through Jesus Christ our Lord! So then, with the MIND I myself serve the law of God, but with the flesh the law of sin."

- Romans 8:2 "For the _____ of the spirit of _____ in _____ has made me _____ from the law of ______ and death."
- II Timothy 1:7 "For God has not given us a _____ of _____, but of _____ and of and of a sound _____."
- Hebrews 10:16 "'This is the _____ that I will make with them after those days,' says the Lord. ' I will put my _____ into their _____, and in their _____ I will write them.' "

Definition: "I thank God - through Jesus Christ our Lord!" - The VICTORY over the OLD SIN NATURE is in Jesus, and our **COMPLETE FAITH and SURRENDER to Him**. When we GIVE UP trying to live for God in our own power, He will GIVE US HIS POWER which will enable us to keep His commandments and live a godly life.

- **I John 5:3-4** "For this is the love of God, that we _____ His _____ . And His _____ are **NOT** burdensome (too hard). For whatever is ______ of God _____ the world. And this is the ______ that has overcome the world our _____ ."
- Ezekiel 36:27 "I will put My _____ within you and _____ you to walk in My statutes (laws), and you will _____ My judgments and _____ them."
- Acts 1:8 "And you shall receive _____ when the _____ has come upon you; and you shall be _____ to Me in Jerusalem, and in all Judea and Samaria, and to the end of the _____ ."
- Philippians 2:12-13 "Therefore, my beloved, as you have always ______, not as in my presence only, but now much more in my absence, ______ out your ______ salvation with fear and trembling; for it is ______ who ______ in you both to ______ and to ______ for His good pleasure."

Definition: "WORK OUT your own SALVATION" - This verse in Philippians 2:12-13 is often misunderstood. Some CULTS and RELIGIONS which teach that you can WORK YOUR WAY to heaven use this verse to prove their point. However, it DOES NOT say WORK FOR your salvation, but rather to WORK IT OUT. You already HAVE the salvation as a free gift from God in Jesus Christ. Your SPIRIT WITHIN YOU is born again, but the NEW LIFE IN CHRIST needs to be DEMONSTRATED ("worked out") on

the **OUTSIDE**, in our daily lives where people can SEE IT. **God gives us the POWER** to "WILL" (have the desire) and to "DO" (carry it out) for His good pleasure.

Matthew 5:16 "Let your light so shine before ______, that they may ______ your _____ and glorify your Father in heaven."

Definition: "With the MIND I myself SERVE the LAW of God" - Now Paul is talking about the RENEWED MIND! When we CONSTANTLY read and take into our minds the WORD OF GOD, our MINDS become RENEWED and RE-PROGRAMMED, until we begin to THINK more and more LIKE GOD!!

- Ephesians 4:23-24 "And be ______ in the spirit of you ______; and that you put on the ______. which was ______ according to God, in ______ and true ______
- Philippians 2:5 "Let this _____ be in _____ which was also in ______."
- Psalm 51:10 " _____ in me a _____ heart, O God, and _____ a steadfast (right) _____ within me."
- Psalm 23:3 "He _____ my soul; He leads me in the paths of _____ for His name's sake."
- Read I Corinthians 2:14-16 "But the natural (unsaved) man does not receive (understand) the things of the ______ of God, for they are foolishness to him; nor can he ______ them, because they are ______ discerned. But he who is ______ judges all things, yet he himself is rightly judged by no one. For 'Who has know the ______ of the Lord that he may instruct Him?' But we have the ______ of Christ."